2023 **Health Plan Benefits** at a Glance

Humana Gold Plus H6622-073 (HMO-POS) Twin Cities

Plan Costs		With Medicare Only		With Medicare & State Cost-Share Protection	
Monthly plan premium		\$0		\$0	
Medicare Part B premium reduction		Your plan will reduce your Monthly Part B premium by up to \$30.			
Annual out-of-pocket maximum		\$4,900 in-network \$8,000 combined out-of-network		\$0	
	With M In-Net	edicare only work	With Medicare Out-of-Networ		With Medicare & State Cost-Share Protection
Doctor Office Visits					
Primary care provider (PCP)	\$0 copay	У	30% of the cost		\$0 copay
Specialist	\$45 cop	ay	30% of the cost		\$0 copay
Preventive Care					
Including: Medicare covered screenings		at no cost when an in-network	Many preventive screenings covere cost when you see in-network provide	e an	\$0 copay
Telehealth Services (in addition to Original Medicare)					
Primary care provider (PCP)	\$0 copay	У	Not covered		\$0 copay
Specialist	\$45 cop	ау	Not covered		\$0 copay
Urgent care services	\$0 copay	У	Not covered		\$0 copay
Substance abuse or behavioral health services	\$0 copay	У	Not covered		\$0 copay
Inpatient Care					
Acute inpatient hospital care	days 1-5	oay per day for ; y per day for days	30% of the cost		\$0 copay

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Lab Services			
Lab tests from lab facility	\$0 copay	30% of the cost	\$0 copay
Lab tests from outpatient hospital facility	\$45 copay	30% of the cost	\$0 copay
Outpatient Care			
Outpatient surgery at ambulatory surgical center	\$300 copay	30% of the cost	\$0 copay
Physical therapy at therapy facility	\$40 copay	30% of the cost	\$0 copay
X-rays at outpatient hospital facility	\$95 copay	30% of the cost	\$0 copay
Diagnostic testing at outpatient hospital facility	\$95 copay	30% of the cost	\$0 copay
Mental Health Services			
Inpatient psychiatric hospital	\$350 copay per day for days 1-5 \$0 copay per day for days	30% of the cost	\$0 copay
Your plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital.	6-90		
Specialist's office	\$45 copay	30% of the cost	\$0 copay
Outpatient hospital	\$95 copay	30% of the cost	\$0 copay
Partial hospitalization	• — —		
T di tidi 1103pitati2dtio11	\$55 copay	30% of the cost	\$0 copay
Emergency Services	\$55 copay	30% of the cost	\$0 copay
·	\$30 copay	\$30% of the cost	\$0 copay \$0 copay
Emergency Services Urgently needed services			
Emergency Services Urgently needed services at an urgent care center Ground ambulance	\$30 copay \$290 copay per date of	\$30 copay \$290 copay per date of	\$0 copay



Additional Benefits & Programs	
HMO travel benefit	Included
Routine dental services DEN057	Included - cost share may apply. Please refer to the Summary of Benefits for additional details.
Routine vision services VIS751	Included - cost share may apply. Please refer to the Summary of Benefits for additional details.
Routine hearing services HER943	Included - cost share may apply. Please refer to the Summary of Benefits for additional details.
Over-the-Counter (OTC) mail order	\$50 maximum benefit coverage amount per quarter (3 months) for select over-the-counter health and wellness products. Unused quarterly funds carry over to the next quarter and expire at the end of the plan year.
SilverSneakers® fitness program	Included
Humana Well Dine® Meal Program	Included



2023 Prescription Drug Benefits at a Glance

Humana Gold Plus H6622-073 (HMO-POS) Twin Cities

If you don't receive "Extra Help" for your drugs, you'll pay the following:

Deductible No deductible for Tier 1 and Tier 2. This plan has a **\$350** deductible for Tier 3, Tier 4, Tier 5 drugs. You pay the full cost of these drugs until you reach \$350. Then, you only pay your cost-share.

Initial Coverage You pay the following until your total yearly drug costs reach **\$4,660**. Total yearly drug costs are the total drug costs paid by both you and our plan. Once you reach this amount, you will enter the Coverage Gap.

Mail Order Cost-Sharing Pharmacy options	Standard		Preferred	
Get more value with cost-share options in bold			CenterWell Pharmacy [™]	
	30-day supply	90-day supply*	30-day supply	90-day supply*
Tier 1: Preferred Generic	\$10	\$30	\$0	\$0
Tier 2: Generic	\$20	\$60	\$5	\$0
Tier 3: Preferred Brand	\$47	\$141	\$47	\$131
Tier 4: Non-Preferred Drug	\$100	\$300	\$100	\$290
Tier 5: Specialty Tier	27%	N/A	27%	N/A

Retail Cost-Sharing				
Pharmacy options	Retail All network retail pharmacies. To find the retail pharmacies near yo go to Humana.com/pharmacyfinder			
	30-day supply	90-day supply*		
Tier 1: Preferred Generic	\$0	\$0		
Tier 2: Generic	\$5	\$15		
Tier 3: Preferred Brand	\$47	\$141		
Tier 4: Non-Preferred Drug	\$100	\$300		
Tier 5: Specialty Tier	27%	N/A		

Once your total yearly drug costs—what is paid both by you and our plan—reach **\$4,660** the costs of your drugs may go up. Please refer to the Summary of Benefits for more information.

Continued:

You can get more out of your plan by doing the following:

- Stay in-network. You'll pay less for your drugs at in-network pharmacies.
- **Use your preferred mail order cost-sharing pharmacies.** They offer a lower cost-share than standard mail order cost-sharing pharmacies for most drugs (your cost-share for specialty drugs is the same at any in-network pharmacy).
- **Get a 90-day supply of many of the drugs you take all of the time.** You'll get more and may pay less, especially when you fill at a preferred cost-sharing mail-order pharmacy.

Insulin Savings Program

Your plan participates in the Insulin Savings Program. You will pay no more than \$35 for a one-month (up to a 30-day) supply for Select Insulins through the first three drug payment stages (Deductible (if applicable), Initial Coverage and Coverage Gap) of the Part D benefit. To identify which Select Insulins are included within the Insulin Savings Program, look for the **ISP** indicator in your Prescription Drug Guide. Please refer to the Summary of Benefits for additional details.

If you receive "Extra Help" for your drugs, you'll pay the following:

Deductible You may pay **\$0** or **\$104** depending on your level of "Extra Help" for Tier 3, Tier 4, Tier 5. If your deductible is **\$104**, you pay the full cost of these drugs until you reach **\$104**. Then, you only pay your cost-share.

Pharmacy cost-sharing				
For generic drugs (including brand drugs treated as generic), either:	30-day supply	90-day supply*		
	\$0 copay; or \$1.45 copay; or \$4.15 copay; or 15% of the cost	\$0 copay; or \$1.45 copay; or \$4.15 copay; or 15% of the cost		
For all other drugs, either:	\$0 copay; or \$4.30 copay; or \$10.35 copay; or 15% of the cost	\$0 copay; or \$4.30 copay; or \$10.35 copay; or 15% of the cost		

Other pharmacies are available in our network.

If you have questions and are a Humana member, please contact Customer Care at 1-800-457-4708 (TTY: 711). If you are not currently a Humana member, please contact a licensed Humana sales agent at 1-844-775-9622 (TTY: 711), 8 a.m. - 8 p.m. seven days a week from Oct. 1, 2022 - Mar. 31, 2023 and Monday through Friday the rest of the year.

Humana is a Medicare Advantage HMO plan with a Medicare contract. Enrollment in this Humana plan depends on contract renewal.



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^{*}Some drugs are limited to a 30-day supply.

Telehealth services shown are in addition to the Original Medicare covered telehealth. Your cost may be different for Original Medicare telehealth.

Limitations on telehealth services, also referred to as virtual visits or telemedicine, vary by state. These services are not a substitute for emergency care and are not intended to replace your primary care provider or other providers in your network. Any descriptions of when to use telehealth services are for informational purposes only and should not be construed as medical advice. Please refer to your evidence of coverage for additional details on what your plan may cover or other rules that may apply.

Out-of-network/non-contracted providers are under no obligation to treat Humana members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.



Get all your health plan details at **Humana.com/Benefits**



Important

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, ancestry, ethnicity, sex, sexual orientation, gender, gender identity, disability, age, marital status, religion or language in their programs and activities, including in admission or access to, or treatment or employment in, their programs and activities.

• The following department has been designated to handle inquiries regarding Humana's non-discrimination policies: Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618, **877-320-1235** (**TTY: 711**).

Auxiliary aids and services, free of charge, are available to you. 877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

This information is available for free in other languages. Please call our customer service number at 877-320-1235 (TTY: 711). Hours of operation: 8 a.m. – 8 p.m. Eastern time.

Español (Spanish): Llame al número indicado para recibir servicios gratuitos de asistencia lingüística. **877-320-1235 (TTY: 711)**. Horas de operación: 8 a.m. a 8 p.m. hora del este.

繁體中文 (Chinese): 本資訊也有其他語言版本可供免費索取。請致電客戶服務部: **877-320-1235 (聽障專線:711)**。辦公時間: 東部時間上午 8 時至晚上 8 時。

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